

Integrated Health Studies

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Administration:

Head: Eric Stabb

Director of Undergraduate Studies, Biological Sciences (Health and Science concentration): Aixa Alfonso

Director of Undergraduate Studies, Psychology (Behavioral Health concentration): Katherine Zinsser

The Bachelor of Science in Liberal Arts and Sciences, Major in Integrated Health Studies is a collaborative program of the College of Applied Health Sciences and the College of Liberal Arts and Sciences. The program is jointly supported by the College of Liberal Arts and Sciences Departments of Biological Sciences and Psychology and administered by the Department of Biological Sciences.

The Major in Integrated Health Studies provides students the opportunity to explore the complexity of human health, from the level of the gene to society, by providing a diverse, interdisciplinary curriculum that includes core content spanning the life sciences, natural sciences, social sciences, and the humanities. As a more holistic perspective of health has evolved, the training of health professionals has evolved as well. Students will graduate with a broad understanding of human structure and function in health and disease across the lifespan; a broad understanding of how human health and disease are impacted by culture, the environment, society, and personal behavior; and an appreciation for health issues that are unique to the urban environment and to the global society. Upon completion of the bachelor's degree, graduates will be competitive for admission into professional and graduate health-related programs or entry into health-related careers.

Distinction

Departmental Distinction

In addition to completing the degree requirements for either the Behavioral Health or Health and Science concentration, the candidate for Departmental Distinction must earn a minimum 3.50/4.00 GPA in courses approved for the Integrated Health Studies major and a minimum 3.30/4.00 GPA cumulative overall GPA.

Highest Departmental Distinction

In addition to completing the degree requirements for either the Behavioral Health or Health and Science concentration, the candidate for Highest Departmental Distinction must either earn a 3.70/4.00 GPA in courses approved for the Integrated Health Studies major and a 3.30/4.00 cumulative GPA; or earn a minimum 3.50/4.00 GPA in courses approved for the Integrated Health Studies major, a 3.30/4.00 cumulative GPA, and complete at least 2 hours of PSCH 396 and/or BIOS 399.

Degree Programs

- [BS with a Major in Integrated Health Studies—Concentration in Behavioral Health](#)
- [BS with a Major in Integrated Health Studies—Concentration in Health and Science](#)