

# Military Science (MILS)

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## Courses

### **MILS 101. Leadership and Personal Development. 1 hour.**

Examines the personal development of life skills such as cultural understanding, goal setting, time management, mental/physical resiliency, and stress management related to leadership, officership, and the Army profession. Course Information: Open to all students and enrollment does not require a commitment to join the US Army. Class Schedule Information: To be properly registered, students must enroll in one Laboratory and one Lecture-Discussion.

### **MILS 102. Introduction to Leadership. 1 hour.**

Investigate leadership fundamentals such as problem-solving, listening, presenting briefs, providing feedback, and using effective writing skills. Course Information: Open to all students and enrollment does not require a commitment to join the US Army. Class Schedule Information: To be properly registered, students must enroll in one Laboratory and one Lecture-Discussion.

### **MILS 131. ROTC Cadet Military Physical Fitness Training Program. 1 hour.**

Intended for students participating in ROTC. The students will gradually improve their level of physical fitness over the course of a semester. Course Information: May be repeated to a maximum of 8 hours.

### **MILS 151. Civilian Introduction to Military Physical Fitness. 1 hour.**

Intended as an introduction for civilians to Army Physical Fitness. The students will gradually improve their level of physical fitness over the course of a semester. Course Information: May be repeated to a maximum of 8 hours.

### **MILS 171. Advanced Physical Fitness. 1 hour.**

This group exercise class incorporates CrossFit type methods along with Army philosophy and teachings. It is focused on advanced weight training, metabolic conditioning, movement skill and technique.

### **MILS 201. Foundations of Leadership. 2 hours.**

Continues to build on developing knowledge of leadership attributes and core leader competencies through the understanding of Army rank, structure, and duties as well as broadening knowledge of land navigation and squad tactics. Course Information: Enrollment does not require a commitment to join the US Army. Class Schedule Information: To be properly registered, students must enroll in one Laboratory and one Lecture-Discussion.

### **MILS 202. Foundations of Tactical Leadership. 2 hours.**

Examine and practice the challenges of leading teams in the complex operational environment. Study dimensions of terrain analysis, patrolling, and operation orders. Explores the dynamics of adaptive leadership in the context of military operations. Class Schedule Information: To be properly registered, students must enroll in one Laboratory and one Lecture-Discussion.

### **MILS 217. Introduction to United States Military History. 3 hours.**

Analytical study of American military history, doctrine, strategy, and tactics from their origin through the present. Emphasis on leadership, strategy, the principles of war, and growth of the military in the US. Course Information: Same as HIST 217. Previously listed as MILS 107. Prerequisite(s): Grade of C or better in ENGL 161. *UIC GE Past course.*

### **MILS 301. Adaptive Team Leadership. 3 hours.**

An academically challenging course where you will study, practice, and apply the fundamentals of Army leadership, officership, Army values and ethics, and small unit tactics. Course Information: Prerequisite(s): MILS 101 and MILS 102 and MILS 201 and MILS 202 or attendance at the Leader's Training Course (LTC) and approval of the department. Contact the Military Science Department for more details. Class Schedule Information: To be properly registered, students must enroll in one Laboratory and one Lecture-Discussion.

### **MILS 302. Applied Team Leadership. 3 hours.**

Continue to learn and apply the fundamentals of Army leadership, officership, Army values and ethics as you hone your leadership abilities in a variety of tactical environments and the classroom. Course Information: Prerequisite(s): MILS 101 and MILS 102 and MILS 201 and MILS 202 and MILS 301 or attendance at the Leader's Training Course (LTC) and approval of the department. Contact the Military Science Department for more details. Class Schedule Information: To be properly registered, students must enroll in one Laboratory and one Lecture-Discussion.

### **MILS 399. Advanced Independent Research. 0-3 hours.**

Intensive research and study of selected topics. Course Information: May be repeated to a maximum of 6 hours. Students may register in more than one section per term. A practical laboratory may be required. Prerequisite(s): Approval of the department. Class Schedule Information: To be properly registered, students must enroll in one Laboratory and one Conference.

### **MILS 401. Adaptive Leadership. 3 hours.**

Study the special trust reposed to Army Officers by the US Constitution and the President of the United States--a special trust given to no other civilian professions. Course Information: Previously listed as MILS 311. Prerequisite(s): MILS 101 and MILS 102 and MILS 201 and MILS 202 and MILS 301 and MILS 302 or attendance at the Leader Assessment Development Course (LDAC) and approval of the department. Contact the Military Science Department for more details. Class Schedule Information: To be properly registered, students must enroll in one Laboratory and one Lecture-Discussion.

### **MILS 402. Leadership in a Complex World. 3 hours.**

Students will learn about aspects of interacting with non-government organizations, civilians on the battlefield and host nation support as well as staff operations and problem solving in a complex environment. Course Information: Previously listed as MILS 394. Prerequisite(s): MILS 101 and MILS 102 and MILS 201 and MILS 202 and MILS 301 and MILS 302 and MILS 401 or attendance at the Leader Assessment Development Course (LDAC) and approval of the department. Contact the Military Science Department for more details. Class Schedule Information: To be properly registered, students must enroll in one Laboratory and one Lecture-Discussion.