

# Kinesiology and Nutrition

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**Administration:**

Department Head: Kelly A. Tappenden  
Director of Graduate Studies: Giamila Fantuzzi

**Program Codes:**

20FS0351MS (MS in Kinesiology)  
20FS1506MS (MS in Nutrition)  
20FS5416PHD (PhD in Kinesiology and Nutrition)

The Department of Kinesiology and Nutrition offers programs leading to degrees at both the master's and doctoral levels.

- [MS in Kinesiology](#)
- [MS in Nutrition](#)
- [PhD in Kinesiology and Nutrition](#)

Kinesiology and nutrition are multidisciplinary fields that draw upon and integrate subject matter from a variety of disciplines (e.g., anatomy, biochemistry, biomechanics, motor control, molecular and cell biology, neuroscience and physiology as well as epidemiology, physical and cultural anthropology, sociology, and behavioral psychology). The master's degree programs in Kinesiology or Nutrition as a terminal degree (i.e., not leading to a PhD) are most appropriate for students who wish to apply their knowledge through practice in healthcare or industry settings and can be combined, for example, with focused course work in other fields such as public health, toxicology, business, or education. Doctoral studies are designed to lead to academic research and teaching careers or to research careers in government or industry. Students are given the opportunity to conduct research that is related to fundamental questions related to kinesiology and nutrition.

## Admission and Degree Requirements

- [PhD in Kinesiology and Nutrition](#)