Pre-Physical Therapy

Physical therapy is a health profession whose primary purpose is the promotion of optimal human health and function through the application of scientific principles to prevent, identify, assess, correct, or alleviate acute or prolonged movement dysfunction. Physical therapy encompasses areas of specialized competence and includes the development of new principles and applications to more effectively meet existing and emerging health needs. Other professional activities that serve the purpose of physical therapy are research, education, consultation, and administration.

The physical therapist, working in cooperation with other health professionals, serves the individual needs of the client and the health needs of society. The physical therapy profession depends heavily on knowledge and application of the basic medical and behavioral sciences, coupled with specialized knowledge and skills in the clinical arts and sciences.

Physical therapists may work as staff, supervisors, or self-employed practitioners who serve clients directly; as administrators of clinical departments, health agencies, or educational programs; as healthcare agency consultants; as clinical or academic teachers; or as researchers.

They may work in hospitals, clinics, rehabilitation centers, schools for children with disabilities, neighborhood health centers, physicians' offices, nursing homes and convalescent centers, private and public health agencies, sports settings, and universities.

Preprofessional Coursework

Pre-physical therapy students may choose any major but should work with an advisor to plan a course of study that fulfills the pre-physical therapy studies requirements as well as the requirements for the major. Students are advised to declare an educational goal of pre-physical therapy upon entering UIC which will alert them to specific workshops and other pertinent information.

The pre-physical therapy requirements follow and should be completed as part of the undergraduate degree program.

Code	Title	Hours	
Required Courses ^a			
BIOS 110	Biology of Cells and Organisms ^b	4	
Select one of the following general chemistry sequences:			
CHEM 122	Matter and Energy		
CHEM 123	Foundations of Chemical Inquiry I b,c		
CHEM 124	Chemical Dynamics		
CHEM 125	Foundations of Chemical Inquiry II b,c		
OR			
CHEM 116	Honors and Majors General and Analytical Chemistry I ^b		
CHEM 118	Honors and Majors General and Analytical Chemistry II ^b		
Choose from one of the following statistics courses: 3-			
PSCH 242	Introduction to Research in Psychology		
PSCH 343	Statistical Methods in Behavioral Science ^d		
KN 200	Statistical Methods		
SOC 201	Introductory Sociological Statistics		

STAT 101	Introduction to Statistics	
STAT 130	Introduction to Statistics for the Life Sciences	
PHYS 131	Introductory Physics for Life Sciences I b	4
PHYS 132	Introductory Physics for Life Sciences II b	4
PSCH 100	Introduction to Psychology ^e	4
Select one course in developmental or abnormal psychology from the following:		3
PSCH 270	Introduction to Psychological and Behavioral Disorders ^e	
PSCH 320	Developmental Psychology	
KN 230	Anatomy and Physiology Lecture I	3
KN 231	Anatomy and Physiology Lecture II	3
KN 232	Anatomy and Physiology Laboratory I	2
KN 233	Anatomy and Physiology Laboratory II	2
Total Hours		42-43

a Students completing an undergraduate degree at UIC must complete the General Education requirements. Students should consult the <u>General Education</u> section and their college/department sections of the catalog for more information on fulfilling these requirements.

- b This course is approved for the Analyzing the Natural World General Education category.
- c Each of the following pairs of courses will be considered one course in meeting the LAS General Education requirements: CHEM 122/CHEM 123; CHEM 124/CHEM 125.
- d PSCH 343 is limited to psychology majors. Other options include SOC 201 (for sociology majors), KN 200 (for KN majors), STAT 101 and STAT 130.
- e This course is approved for the Understanding the Individual and Society General Education category.

In addition, applicants must complete a minimum of 40 hours of documented volunteer or observation experiences in a variety of physical therapy facilities. Current certification in CPR (cardiopulmonary resuscitation) with Health Provider Status is recommended prior to beginning the professional program. Students must also have earned a bachelor's degree prior to enrolling in the program.

The minimum GPA for application to the program in physical therapy is 2.50/4.00 in science and nonscience courses. The competitive GPA, however, is considerably above this level. The Graduate Record Examination (GRE) taken within five years of the date of application. Students must apply for admission to the program approximately one year before planned enrollment. Students should call (312) 996-6646 for additional information.