

# Pre-Nutrition

The Department of Kinesiology and Nutrition offers two major concentrations (the Coordinated Program concentration and the Nutrition Science concentration) that lead to the Bachelor of Science degree. The Coordinated Program concentration focuses on the practice of nutrition (i.e., dietetics). Upon successful completion of the program, students are eligible to take the Registration Examination of the Commission on Dietetic Registration to become a Registered Dietitian (RD). The Nutrition Science concentration focuses on intensive study in biological and physical sciences as a basis for understanding the science of nutrition and the relationships between nutrients and human health. This track can be designed to meet the requirements for a didactic program in dietetics (DPD), so that students can apply for a dietetic internship at another institution after completion of the program.

The prerequisite course work listed below prepares the student to apply for either concentration in the Nutrition program offered in the College of Applied Health Sciences. Completion of the pre-nutrition course work does not guarantee admission to the College of Applied Health Sciences. Students admitted to the Nutrition program complete the final two years of course work within the College of Applied Health Sciences. Students admitted to the Coordinated Program concentration take an additional two semesters to complete the practical (supervised experience) component.

Please see the *Department of Kinesiology and Nutrition* section of the catalog for more information about each concentration or visit the website <http://www.ahs.uic.edu/kn/academics>.

Sixty-four semester hours, exclusive of basic military science, distributed as follows:

**Note:** Students who do not place into certain courses or do not carefully plan sequential course work should expect to take summer session courses or take longer than two years to complete pre-nutrition course work. All prerequisite courses must be completed with a grade of C or higher.

Code	Title	Hours
<b>Required Courses</b>		
ENGL 160	Academic Writing I: Writing in Academic and Public Contexts	3
ENGL 161	Academic Writing II: Writing for Inquiry and Research	3
COMM 100	Fundamentals of Human Communication <sup>a</sup>	3
	Understanding the Creative Arts course <sup>b</sup>	3
	Understanding the Past course <sup>b</sup>	3
PSCH 100	Introduction to Psychology <sup>a</sup>	4
SOC 100	Introduction to Sociology <sup>a,c</sup>	3
BIOS 100	Biology of Cells and Organisms <sup>d</sup>	5
CHEM 122 & CHEM 123	General Chemistry I Lecture and General Chemistry Laboratory I <sup>d</sup>	5
CHEM 124 & CHEM 125	General Chemistry II Lecture and General Chemistry Laboratory II <sup>d</sup>	5
CHEM 232	Organic Chemistry I	4
CHEM/BIOS 352	Introductory Biochemistry	3
KN 251	Human Physiological Anatomy I	5

KN 252	Human Physiological Anatomy II	5
MATH 121	Precalculus Mathematics <sup>e</sup>	5
HN 110	Foods	3
HN 196	Nutrition	3
Total Hours		65

- This course is approved for the Understanding the Individual and Society General Education category.*
- Students should consult the General Education (<http://catalog.uic.edu/ucat/degree-programs/general-education>) section of the catalog for a list approved courses in this category.*
- This course is approved for the Understanding U.S. Society General Education category.*
- This course is approved for the Analyzing the Natural World General Education category. General Education credit is given for successful completion of both CHEM 122 and CHEM 123 or CHEM 124 and CHEM 125.*
- Completion of MATH 121 may be satisfied through placement exam.*

The minimum GPA for application to the two programs in Nutrition is 2.50/4.00. However, the average GPA for students admitted to the Coordinated Program is higher (currently 3.50). Students should contact the Department of Kinesiology and Nutrition for admission deadlines: <http://ahs.uic.edu/kinesiology-nutrition/admissions-and-programs/bs-in-nutrition>.