

Pre-Nutrition

The Department of Kinesiology and Nutrition offers a Bachelor of Science in Nutrition with two concentrations for students in the nutrition programs at UIC. One track is to pursue a career path as a registered dietitian nutritionist. The other is to pursue an undergraduate degree in nutrition as a foundation for a professional health degree or for careers in research, industry, and community settings.

The prerequisite course work listed below prepares the student to apply for either concentration in the Nutrition program offered in the College of Applied Health Sciences. Completion of the Pre-Nutrition course work does not guarantee admission to the College of Applied Health Sciences or to the registered dietitian nutritionist track. Students admitted to the Nutrition Science program complete the final two years of course work within the College of Applied Health Sciences.

Please see the *Department of Kinesiology and Nutrition* section of the catalog for more information about each concentration or visit the [department website](#).

Sixty-five semester hours, exclusive of basic military science, distributed as follows:

Note: Students who do not place into certain courses or do not carefully plan sequential course work should expect to take summer session courses or take longer than two years to complete pre-nutrition course work. All prerequisite courses must be completed with a grade of C or higher.

Code	Title	Hours
Required Courses		
KN 100	Kinesiology and Nutrition: First Year Seminar	2
ENGL 160	Academic Writing I: Writing in Academic and Public Contexts	3
ENGL 161	Academic Writing II: Writing for Inquiry and Research	3
COMM 100	Fundamentals of Human Communication ^a	3
	Understanding the Creative Arts course ^b	3
	Understanding the Past course ^b	3
PSCH 100	Introduction to Psychology ^a	4
SOC 100	Introduction to Sociology ^{a,c}	3
BIOS 110	Biology of Cells and Organisms ^d	4
	Select one of the following general chemistry sequences:	10
	CHEM 122 General Chemistry I Lecture ^d	
	CHEM 123 General Chemistry Laboratory I ^d	
	CHEM 124 General Chemistry II Lecture ^d	
	CHEM 125 General Chemistry Laboratory II ^d	
	OR	
	CHEM 116 Honors and Majors General and Analytical Chemistry I ^d	
	CHEM 118 Honors and Majors General and Analytical Chemistry II ^d	
CHEM 232	Organic Chemistry I	4
BIOS 352	Introductory Biochemistry	3
KN 251	Human Physiological Anatomy I	5
KN 252	Human Physiological Anatomy II	5

MATH 110	College Algebra ^e	4
HN 110	Foods	3
HN 196	Nutrition	3
Total Hours		65

- This course is approved for the Understanding the Individual and Society General Education category.*
- Students should consult the [General Education](#) section of the catalog for a list approved courses in this category.*
- This course is approved for the Understanding U.S. Society General Education category.*
- This course is approved for the Analyzing the Natural World General Education category. General Education credit is given for successful completion of both [CHEM 122](#) and [CHEM 123](#) or [CHEM 124](#) and [CHEM 125](#).*
- Completion of MATH 110 may be satisfied through placement exam.*

The minimum GPA for application to the BS in Nutrition is 2.50/4.00. Students should contact the [Department of Kinesiology and Nutrition](#) for admission deadlines.